

# Coronavirus and your super

Supporting you through uncertain times



Rest is committed to providing members with whatever certainty we can at this time. We understand that the influx of information and legislative changes can be overwhelming, that's why we've put all of the important information into one easy to access place.



Read our COVID-19 related FAQs

[Learn more](#)



Listen to this short coronavirus webinar

[Play](#)



Understand what's happening in the market

[Learn more](#)



Understand the potential impacts of early release

[Learn more](#)



Access the tools you need to make well informed financial decisions

[Learn more](#)



We want to make it as simple as possible for you, that's why we've created this Early Release application guide.

[Learn more](#)

## If there's anything we can do

[rest.com.au](https://rest.com.au)

[Live Chat at rest.com.au](#)  
Monday to Friday 8am - 10pm, Saturday 9am - 6pm  
and Sunday 10am - 6pm AEST

[1300 300 778](tel:1300300778)  
Monday to Friday 8am - 10pm AEST

[Download the Rest App](#)

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