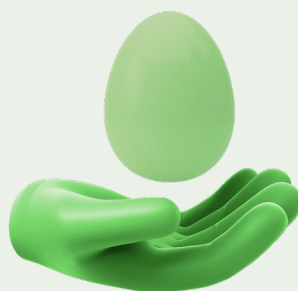


Contributing to super



Rest

Fact sheet

Making extra contributions to your super account is a great way to help you reach your retirement goals.

There are two types of extra contributions you can make:

- **before-tax** (or concessional) contributions
- **after-tax** (or non-concessional) contributions.

Before-tax contributions

Money going into your super account is generally taxed at a lower rate than money that goes into your bank account each payday. So adding extra to your super from your salary before tax is taken out can mean you pay less income tax while boosting the money in your super account. These extra contributions are called concessional, or before-tax contributions.

Before-tax contributions include the Superannuation Guarantee (SG) contribution your employer makes for you, other employer contributions above the SG, and any voluntary salary sacrifice payments you make.

Before-tax contributions are generally taxed at only 15% (which can be a lot less than your personal rate of up to 47%), so this can mean more super savings (and less tax paid) for you. Not all employers offer salary sacrifice arrangements, so check it out with them first. And if your annual income is more than \$250,000 (including before-tax super contributions), you might pay extra tax on these contributions.

Your SG contributions

Your employer is required* to pay contributions into your super account if you're 18 or over, or work more than 30 hours in a week. This contribution is called the Superannuation Guarantee (or SG). The amount of SG your employer pays is set by the government. From 1 July 2025, the SG is 12% of your salary.

Contributions calculator

To see how making additional before or after-tax contributions could boost your super, explore our superannuation calculator at rest.com.au/calculators.

Salary sacrifice

Salary sacrifice means your employer pays some of your before-tax salary (on top of the SG) into your super account, rather than paying it to you as your take-home pay.

If your employer doesn't offer salary sacrifice, you may still enjoy the same advantages by claiming a tax deduction on your after-tax contributions.

If you want to claim a tax deduction on your after-tax contribution, you'll need to send Rest a 'Notice of intent to claim a deduction for personal super contributions' form and get an acknowledgment from us before you lodge your personal tax return.

You can find this form, and all the details about eligibility and when to claim, at ato.gov.au. We'll take out the 15% tax and you can then claim the deduction when you do your tax return.

After-tax contributions

You can also add some extra to your super after tax has been taken out of your pay. This is called a non-concessional or after-tax contribution. As you've already paid tax on this money, it isn't taxed again. After-tax contributions include personal contributions and spouse contributions.

Personal contributions

You can make regular after-tax contributions, or make a payment in one go – it's up to you. Just use one of our convenient contribution methods such as BPAY®, or direct debit from your bank account or through your employer. If you make an after-tax contribution and earn less than \$62,488 (2025–26 financial year), you may also be eligible for a co-contribution from the government. Visit rest.com.au/co-cont to learn more.

Spouse contributions

If your spouse earns less than \$40,000 per annum and you make a voluntary contribution into their super, you may be eligible to receive a tax offset for that contribution. To receive the maximum offset of \$540 per financial year, your spouse would need to be earning less than \$37,000 per annum, and you would need to make a \$3,000 contribution to their super.

If your spouse earns between \$37,000 and \$40,000 you may still be eligible for the offset, but won't receive the maximum amount. The tax offset phases out completely at \$40,000.

*Your employer is required to pay contributions to your super depending on your age, salary and work arrangement. Visit ato.gov.au for more information on SG exemptions.

Know your limit

There are limits (or caps) on how much you can contribute to your super (before-tax and after-tax contributions) without incurring more tax:

Before tax - \$30,000 per financial year (includes all before-tax contributions including the SG)

After tax - \$120,000 per financial year (if your total super balance is more than the eligibility limit - from 30 June 2025, \$2 million - you can't make any after-tax contributions).

You may be able to contribute over these limits by making a 'carry forward' contribution (before-tax contributions) or taking advantage of the 'bring forward' rule (after-tax contributions). There are rules around these, please visit ato.gov.au for more information.

Remember, these limits apply to all your super accounts, so you'll need to add up the contributions you make to all the funds you have and count them towards the limit. If you make a contribution into your spouse's super, the contribution will count towards their after-tax limit, not yours. If you go over the limits, there may be tax penalties. Visit rest.com.au/facts#6 for more information.

Super tips

Download the Rest App, your 24/7 online access to your Rest account so you can:

- give Rest your Tax File Number so your before-tax contributions won't be taxed at a higher rate, and we can accept your after-tax contributions
- keep an eye on your contributions to see if you're getting close to your contribution limits (see 'Know your limit' over the page).

Visit rest.com.au/app to download or learn more.



Age requirements and the work test

If you're under age 75 you can make personal non-concessional contributions and salary sacrifice contributions without needing to meet the work test. Contributions must be received on or before 28 days after the end of the month in which you turn 75.

If you're over 75, you're not able to salary sacrifice, make after-tax contributions or claim a tax deduction on your after-tax contributions. We can accept compulsory employer contributions (such as the SG) and downsizer contributions.

Work test and work test exemption

If you're aged between 67 and 74, you'll need to meet the work test to claim a personal superannuation deduction for your personal contribution. The work test requires that you're gainfully employed and have worked at least 40 hours within 30 consecutive days in the financial year in which the contributions are made. If you haven't met the work test, you may be eligible for the 'work test exemption'. To be eligible for the 'work test exemption', you must have met the work test in the financial year before the year in which you made the contribution and have a total superannuation balance below \$300,000 at the end of the previous financial year. The work test exemption is available only once. To find out more about the Work Test, Gainful Employment visit ato.gov.au.

Advice when you need it

Making a before or after-tax contribution to your super will depend on your circumstances, so you might like to have a chat with a financial adviser to help you decide.

Rest Advice is all about helping you make decisions about your super today. For more information about how Rest Advice can help, visit rest.com.au/advice or call us on 1300 300 778.

Visit us

rest.com.au/contact-us
for operating hours



Live Chat

rest.com.au



Download the Rest App



1300 300 778



Rest

©Registered to BPAY Pty Ltd ABN 69 079 137 518

Rest Advice is provided by MUFG Retire360 Pty Limited ABN 36 105 811 836, AFSL 258145 (Retire360). Rest Advisers are staff members of Rest and provide advice as authorised representatives of Retire360. Rest Digital Advice is provided by Retire360. This information has been prepared without taking account of your objectives, financial situation or needs. Before acting on the information or deciding whether to acquire or hold a product, consider its appropriateness and the relevant PDS and Target Market Determination available at rest.com.au/pds. The cost of providing financial services is included in the fees as disclosed in the relevant PDS. Rest and the Fund do not charge additional fees or obtain commissions for the advice provided. Rest employees are paid a salary and do not receive commissions. They may receive a performance related bonus that takes into account the financial services provided. Super Investment Management Pty Limited, a wholly owned subsidiary of Rest, manages some of the Fund's investments. Rest has no other relationships or associations with any related body corporate or product issuer that might reasonably be expected to influence Rest in providing financial services. For more information, contact us at rest.com.au/contact-us. Issued by Retail Employees Superannuation Pty Ltd ABN 39 001 987 739 (Rest) as trustee of Retail Employees Superannuation Trust ABN 62 653 671 394 (the Fund). This material is current as at 1 July 2025 and is subject to change.