



The confidence that comes with Rest Advice

April 2025



Fact Sheet

With our help and advice on your side, it's easier to feel good about your super and the progress you're making.

Getting your hard earned money to work harder

We all work hard to earn our money. But we're not always as good at making our money work as hard for us. That's where good financial advice can make all the difference.

Great advice not only helps you make smarter decisions, it could also mean you can look confidently to the future with the reassurance of knowing that you're protecting yourself, your assets and your loved ones.

How Rest Advice gets your money working smarter

- Make the most of your super investment
- Feel confident about your investment choices
- Get your spare money working harder
- Feel secure about your family's financial future if something should happen to you
- Build a plan to help make your retirement dreams come true

Clear, trustworthy, expert advice for everyone

Everyone should have access to quality advice that they can trust. That's why all of our team of qualified financial planners are paid salaries and do not receive any commissions - so you know they're recommending what's right for you, not what delivers them the highest rewards.

And there's no need for advice to be overly complex, or reserved for people who are already well off. In fact, we believe in creating a financial advice experience that is:

- simple
- cost-effective
- convenient
- tailored to your circumstance

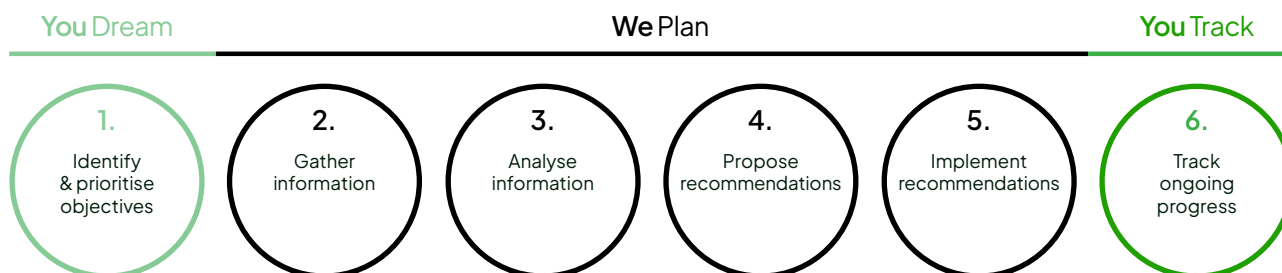
What to expect

Our advice process is all about getting to know you and finding out what you'd like to achieve. So we'll ask you questions that help us understand what's important for you.

- your financial goals
- how you feel about risk
- your dependants
- other investments or debts
- when you'd like to retire

We'll analyse this information and make a tailored recommendation just for you.

Advice Journey



You're in control

We understand that everyone wants to do things in their own way and at their own pace. So we've developed a flexible advice service that puts you in the driver's seat.



You can talk to an adviser over the phone by calling us on 1300 183 361.



Or, on certain topics, such as running a quick check on the progress of your super through Super Health Check or selecting an investment choice, you can obtain advice from your desktop or mobile using our Online Advice Tool – just go to rest.com.au/advice to get started.



Make an online booking at a suitable time for a Rest Adviser to contact you at go.rest.com.au/advicebookings

Our price promise

For simple advice about things like where to invest your super, how to maximise your super investment, or your insurance needs, there's usually no extra charge to you – it's just part of being a member of Rest.

For advice on more complex situations such as pre-retirement, pensions, or retirement, the cost depends on the topic and your circumstances. However, we'll always talk to you about any fees before you commit to them.

Start the conversation today. Remember, it doesn't cost anything to start the conversation about your financial future. So contact us today to learn how Rest Advice can help you.

Boost your confidence with a Super Health Check

A quick check on the progress of your super is well worth 30 minutes of your time. There's no extra cost to you, no obligation or pressure, and we may be able to offer some ideas to help improve your financial future. To book a simple, friendly chat that may help you get more out of your super, visit go.rest.com.au/advicebookings

Visit us
[Rest.com.au](https://rest.com.au)



Ask questions
Live chat



Monday to Friday
8am – 8pm
(AEST/AEDT)
Saturday
9am – 5pm
(AEST/AEDT)

Call us
1300 300 778



Monday to Friday
8am – 10pm
(AEST/AEDT)

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